Dear Sir/Madam,

It is with great pleasure that I write to you to welcome you for the three day National Workshop on “Psychotropic Intervention Strategies” organized by the Department of Psychology, University of Kerala, Thiruvananthapuram. This workshop will address the challenging issues in Promoting Mental Health through Psychological Interventions.

Psychological interventions present themselves as indispensable options to ensure good health as well as quality of individual and community life. Therefore, we need to develop strategies and techniques capable of delivering mental health intervention programs in current scenarios. There is also a need to prevent or reduce the damaging influence of the busy and stressful life of our present day on the functioning of an individual through the application of newly developed technologies. Mental health intervention strategies could be improved by making use of the recent advances in information and communication technology. The scientific study of Psychological Intervention has thus become imperative to promote mental health. This scientific knowledge has great potential to be shared with the mental health care fraternity so that it will be made beneficial to the public also.

The workshop will bring together the leading scientists and researchers from all over India to discuss the major issues and current developments in Psychological intervention practices and Research in promoting mental health. Faculty members and research scholars are encouraged to present their original research work or new innovations in this topic. The programme is also designed to cater to the Mental Health Professionals. We hope that you will seize every opportunity to participate in this programme. Please join us to enjoy the academic feast of scientific lectures from eminent faculties from institutions of national repute in the area of Psychotherapeutic Intervention.

With warm regards,

Dr. Johnson R.
Organizing Secretary

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**UNIVERSITY OF KERALA AND DEPARTMENT OF PSYCHOLOGY**

University of Kerala was established in 1957 by a proclamation of the Maharaja of Travancore, Shri Chithira Thirunal Balarama Varma, the first Chancellor of the University, Kerala University is the mother University in Kerala and the Department of Psychology is one of the prominent departments functioning from 1952 on award under the faculty of Science. The Department has been offering M.Sc., M.Phil. and Ph.D. Psychology Programmes.

**RELEVANCE OF THE PROGRAMME**

In India, the prevalence of serious mental disorders is affecting 70 million people. We are facing shortage of mental Health Professionals and only a few institutions offer courses to train mental Health Professionals. According to WHO guidelines, for 5,000 people, one trained clinical psychologist should be there to manage psychological disorders. In India, the current ratio is 1:30,000. We have only 7000 psychology professionals and annual requirement is 54,700. Currently trained psychologists in India are less than 10 percent of the total needs. None of the institutions offer short term or special training programmes for clinical skills development or primary care of Psychological Disorders. In this context, it is very essential for the mental Health Professionals to focus clinical skill development to better quality management of psychological problems with the assistance of well defined Psychological intervention experts from reputed institutions of National importance to share that Scientific approaches in Psychological intervention strategies in the management of mental health problems. Apart from the theoretical knowledge, latest practical knowledge will also be imparted to the participants.

**Objectives of the programme**

- To provide hands on knowledge in the management of Mental Health Problems
- To focus on all aspects of Psychological theories in various mental health problems
- To share the best practices in Psychosocial management
- The programme would target Academicians, Mental Health professionals and Social workers in Psychology

**Subject Areas**

- Techniques in Psychotherapy, Behavior Therapy, Paediatric Psychology, Clinical Hypnotherapy, Neuropsychological assessment and intervention, Forensic Psychology and Intervention Techniques.

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**REGISTRATION FORM**

Name
Designation
Academic Qualification
Institution
Address
Email
Contact No.
Accompanying person: Yes/No, details
Food preference: Vegetarian/Non-Vegetarian
Accommodation required: Yes/No, details
Payment details:

**REGISTRATION FEE**

<table>
<thead>
<tr>
<th>Research/Students</th>
<th>Teachers/Faculties</th>
<th>Others/delguates</th>
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<tr>
<td>Early Bird up to 01.01.2019</td>
<td>500</td>
<td>500</td>
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<td>Reduced rate till 30.06.2019</td>
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Registration fee is payable in the form of DD/demand draft in favour of The Organizing Secretary NWPITPS 2018, Department of Psychology, University of Kerala, payable at SBI Karunagappally IFSC Code - SBIN 000010434

**ACCOMMODATION**

Limited accommodation is available for the registered delegates. We recommend you to inform your accommodation need as early as possible.

**HOW TO REACH**

By Air: 10 km from Domestic Airport and 13 km from International Airport, Thrissur/Nippara.

By Train and Bus: 6 km from Thrissur Central Railway Station and well connected with public transport to Kollam (Kollam) and other towns.

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Site seeing around the Kerala University

Karolangram Beach

Gopura Mahadevashram temple 3 km

Kollam 65 km

**IMPORTANT DATES TO REMEMBER**

Last date for submission of abstract: 31.01.2019

Last date for registration: 30.02.2019

**KEYNOTE AND PLENARY SPEAKERS**

**PRESENTATION OF BEST PRACTICE**

Professionals from the clinical, industry, academic and research organizations working in the focus areas of the workshop are invited to submit their newly developed technologies, innovations, original research work, under the theme “Therapeutic intervention strategies.” Authors are requested to submit abstracts by email to the Organizing Secretary (j_president@keralauniversity.ac.in). Authors of selected abstracts will be notified for oral presentation in advance.

**BEST PRACTITIONERS AWARD**

This award will be granted to the best clinician practitioner. The organizing committee will select the best practitioner award based on the recommendations of the review committee. Evaluation will be based on the reference, contents, quality and practical aspects of the material furnished by the practitioners. Certificate and award will be issued to them in the valedictory session.

**REGISTRATION**

Those who are interested to take part in the workshop are requested to register in advance. Last minute registrations will not be entertained. Confirmation and receipt of the payment will be intimated to you by e-mail.