UNIVERSITY OF KERLA

Scheme and Syllabus
for Career related First Degree Programme
under CBCS system – 2 (b)
in Affiliated Colleges 2014

SOCIAL WORK

2014
### Career related First Degree Programme CBCS system – 2 (b)

#### Course Summary

<table>
<thead>
<tr>
<th>Courses</th>
<th>No. of Courses</th>
<th>Hours / Week</th>
<th>Credits</th>
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<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Foundation Course</td>
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#### Core course: Theory – 18 Courses

Field Work – 6 components, detailed below,

<table>
<thead>
<tr>
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<th>Week</th>
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<tbody>
<tr>
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<td>One day / One week</td>
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<tr>
<td>2</td>
<td>Rural camp – Semester II</td>
<td>Fortnight</td>
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<td>4</td>
<td>Field Work (Community) – Semester IV</td>
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<td>5</td>
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<td>One day/W 20 days</td>
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<tr>
<td>6</td>
<td>Block field work – Semester VI</td>
<td>One Month</td>
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</table>

*Field work comprises theoretical orientation, supervisory classes, discussion and evaluation, which are class room exercises. Hence the six components of field work are treated as specific courses, incorporated in core subjects. Total number of core courses – 18 + 6 = 24

#### Complementary course

<table>
<thead>
<tr>
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<th>Hours/Week</th>
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<tr>
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#### Project

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Further details furnished below.

#### Language

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#### Open Course

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<th>Hours/Week</th>
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**Total**

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<th>Hours/Week</th>
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## Core Course

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<td>One Week</td>
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<td>I</td>
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<td>Working with Individuals and Groups</td>
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<td>II</td>
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<td>7</td>
<td>Working with Community and Social Action</td>
<td>III</td>
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<td>Inclusive Practice in Social Work</td>
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<td>III</td>
<td>4</td>
<td>One day / Week</td>
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<td>11</td>
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<td>One day / Week</td>
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<td>17</td>
<td>Rural and Urban Community Development</td>
<td>V</td>
<td>4</td>
<td>6</td>
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<td>19</td>
<td>Abnormal Psychology</td>
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<td>VI</td>
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<td>Family life education</td>
<td>VI</td>
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<td>Psychology for Social Work</td>
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<td>Economics for Social Work</td>
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<td>Management for Social Work</td>
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## Elective Course

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<th>Credits</th>
<th>Hours/Week</th>
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<tbody>
<tr>
<td>1</td>
<td>Gender &amp; Development Or Tribal Social Work</td>
<td>V</td>
<td>4</td>
<td>6</td>
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<tr>
<td>2</td>
<td>Programmes and Services for the elderly Or Development Communication</td>
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## Project

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<th>Hours/Week</th>
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## Scheme and Syllabus of Bachelor of Social Work (BSW)

### Semester I

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<td>Sociology for Social Work</td>
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<td>Social Work Skills</td>
<td>Core</td>
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<td>3</td>
<td>SW1141</td>
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<td>Social Challenges and Responses</td>
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<td>Exposure visits (Five Social Work Agencies)</td>
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<td>Rural Camp</td>
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<td>Working with Community and Social Action</td>
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<td>4</td>
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<td>Inclusive Practice in Social Work</td>
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<td>4</td>
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**Total**                                           |                 | 26      | 22  |

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<td>Health and Health Care Services</td>
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<td>SW1441</td>
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<td>Social Work Administration</td>
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<td>4</td>
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<tr>
<td>Social Work Research</td>
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<td>SW1443</td>
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<td>Statistics for Social Work</td>
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<td>4</td>
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**Total**                                           |                 | 27      | 22  |

### Semester V

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<td>Rural and Urban Community Development</td>
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<td>Abnormal Psychology</td>
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**Total**                                           |                 | 27      | 22  |

### Semester VI

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<td>Social Work and Contemporary issues</td>
<td>Core</td>
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<td>3</td>
<td>SW1642</td>
</tr>
<tr>
<td>Family life education</td>
<td>Core</td>
<td>5</td>
<td>3</td>
<td>SW1643</td>
</tr>
<tr>
<td>A. Programmes and Services for the elderly or B. Development Communication</td>
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**Total**                                           |                 | 25      | 22  |
Detailed syllabus semester-wise

Semester - 1

Foundation Course – 1

Credit: 2 Hrs/Week: 3

2. INTRODUCTION TO SOCIAL WORK

Objectives
- To understand the history of Social Work Profession in India and abroad
- To understand the basic values and principles of Social Work Profession
- To understand the basic concepts relevant to Social Work Practice.

Course outline

Module I Introduction to Social Work

Meaning, Definitions, Basic Assumptions, Scope, Objectives and Functions and Methods.

Module II Social Work and Related Concepts


Module III Historical Evolution of Social Work in India and Kerala

19th Century, 20th century, Right Based, Caste Based, Religion Based-contributions of Missionary work, Freedom Struggle, Social work Education in India.

Module IV Historical Evolution of Social Work in Western Countries

Development of Professional Social Work – USA and UK. Development of Social Work Education

Module V Social Work Ethics and Principles

Basic Values, Ethics and Principles of Social Work.

References
1. Zastrow Introduction to social work and social welfare, The Dorsey Press. 1996
2. Misra P.D. Social Work: Philosophy and Methods, Inter-India Publications. 1994,
4. Chowdhary, Paul D. Introduction to Social Work; history, concept, methods and fields, Atma Ram & Sons. 1984
Complementary 1
Semester I

Credits 3 Hrs 5

3. SOCIOLOGY FOR SOCIAL WORK
Credits 3 Hrs 5

Objectives
- To provide a sociological perspective for effective Social Work practice
- To familiarise with various Sociological concepts, social institutions and its use in Social Work Profession

Module I Sociology
Meaning, Concepts and Definitions- Origin, Development and importance,

Module II Social Concepts
Society, Community, Institution, Association, culture, traditions, customs values

Module III Social Institutions
Family, Marriage, Religion, Education

Module IV Socialisation
Concepts and Agents of Socialisation

Module V Relevance of Sociology in Social Work
Difference between Sociology and Social Work, importance of sociology in social work

References
8. Jeffrey c Alexander & Kenneth Thompson, Sociology, Paradigm Publications
9. Francis Abraham, Sociological thought
10. Ram Ahuja , Society in India
11. M N Srinivas, Indian Social structure
12. SC Dube, Indian society
13. Ram Ahuja , Indian social systems
14. Francis Abraham : Contemporary Sociology (Oxford publication)
Core I
Semester I

Credit – 3

5 HRS

4. SOCIAL WORK SKILLS

Objectives
- To equip the students with social work skills
- To enable the students to acquire the skills of applying the life skills in the field of social work
- To generate, knowledge, attitude and practice in various skills for social workers.

Module 1 – Basic Life Skills:
Definition – Social Skills - Self Awareness through SWOT Analysis, Empathising with Others - Effective Communication and Interpersonal Relationship - Assertive skills - Handling negative peer pressure.

Module 2 – Thinking Skills:

Module 3 Emotional Skills
Coping with emotions- Emotional Intelligence & Empathy - Handling Negative Criticism, Hurt feelings and Anger. Coping with Stress, Burn outs and stages of burn outs.

Module 4 - Employability Attributes & Skills Initiative, Self-presentation, Personal responsibility, Self – Management, Sustaining motivation in work, Ability to deal with pressure, Work-Life Balance, Team Work, Integrity and Time Management

Module 5 - Entrepreneurial Attitude and Skills
Innovativeness, Initiative, Risk taking ability, Achievement Motivation, Identification of business opportunities, Being Resourceful, Perseverance, Confidence and Hard work.

References:
5. SOCIAL CHALLENGES AND RESPONSES

Core – 2
Semester 1

Credit – 4 6 HRS

Objectives
· To provide insight about present social problems and their magnitude
· To enable the students to understand the impact of social problems on social life.

Module I Social Problems
Definition, meaning, characteristics, causes and Types

Module II Poverty and unemployment:

Module III Substance abuse
Causes, types, preventive measures. Suicide: Definition, causes, Preventive Measures and Crisis Intervention, AIDS; Psychosocial & medico legal aspects.

Module IV Crime

Module V Juvenile Delinquency

References
1. Encyclopedia of Social Problems and Social Change (Vol 1-5) Ranjith Rajadhyaksha
2. Social problems in India – Ram Ahuja
4. Economics of child Labour K. P Kannan
6. Indian Social Problems – G R Madan
8. PHILOSOPHY AND FIELDS OF SOCIAL WORK

Objectives:
· To create awareness about enlarging scope of Social Work Profession
· To familiarise with problems in various fields of Social Work

Module I: Basic Concepts
   Philosophy, Basic Assumptions, Principles and applications in various fields

Module II: Social Work in Different Settings - I
   Social work in Health settings- Medical and psychiatric social work, and Geriatric social work

Module III: Social Work in Different Settings –II
   Social work in Correctional Settings, Community development –Rural and Urban

Module IV: Social Work in Different Settings –III
   Social work with Children , youth, women and family, School social work.

Module V: Social Work in Different Settings –IV
   Social work in Industries, Corporate social responsibility- concept.

Reference:
2. Fields of Social Work – Fink A E
3. History and Philosophy of Social Work in India – AR Wadia
4. School Social Work – Anjali Gandhi
5. Mental Health in Class rooms – Mary Venus C.J
6. Encyclopaedia of Social Work
7. Social Work with Older people: Crawford Walker

Complementary – 2

9. PSYCHOLOGY FOR SOCIAL WORK

Objectives:
· To understand the human behaviour, emotions, feelings and attitudes
· To understand the basic concepts of psychology and its application in social work
· To provide basic awareness about psychiatric disorders
Module 1 Psychology:
   Definition, Meaning nature and scope of psychology

Module 2 Basic psychological concepts
   Meaning and Definition – Perception, Learning, Memory, Cognition Motivation, Attitudes & Intelligence

Module 3: Personality development
   Concept of Personality, Meaning, factors affecting personality, skills in understanding one’s personality

Module 4 Social Psychology
   Meaning, concept and definition of social psychology, Attitude, Social perception, Leadership, Rumours, Morale, Prejudice, Social cognition

Module 5 Psychology and Social Work
   Relevance of Psychology in social work, application of psychology in social work

Reference:
5. Elkind David: Children and adolescents:, Oxford University Press, New York, 197
7. S. K Mangal: Abnormal Psychology
8. Sarason & Sarason: Abnormal Psychology

Core Course
Semester II

Credit - 4 5 HRS

10. WORKING WITH INDIVIDUALS AND GROUPS

Objectives:
   · To provide an understanding of the basic concepts of social case work & social group work
   · To help students build up the attitude and skills for practising social case work
   · To make them familiarize with group formation, group work process and evaluation
   · To enable them to acquire the ability of analyzing the problems of groups

Module I

Need and significance of working with individuals and groups / Social case work: - Meaning, Definition and Principles / Social group work: - Meaning, Definition and Principles (17 Hrs)
Module II

Process of case work: - Study, Diagnosis, Prognosis, Treatment, Evaluation, Termination & Follow up (17 Hrs)

Module III

Process of group work: - Intake, Study, Diagnosis, Treatment & Evaluation (17 Hrs)

Module IV

Skills of Case worker: - Fact finding skills – Interviewing skills, Multiple client interviewing, Observation skills and Home visit

Basic skills of group work (17 Hrs)

Module V Recording:

Types of case work recording: - Verbatim, Narrative, Condensed, Analytical and Summary records, Case study and shadowing

Types of group work recording (17 Hrs)

Reference:

6. Retna Parki – Case Work practices in India, TISS
7. Misra P.D – Social work – Philosophy and Methods – Inter India Publications
10. Capuzzi, David; Gross, Douglas R; Stauffer, Mark D. Introduction to Group work work, Rawat publications, 2010

Core Course

Semester II

Credit - 4

11. ENVIRONMENTAL STUDIES

Objectives:
- To enable the students to acquire knowledge about environment
To enable them to contribute towards maintaining and improving the quality of the environment

**Module I**

*Environmental studies:* - Meaning, Definition, Scope & Importance / *Natural resources:* - Renewable & Non renewable resources / *Forest, Water, Mineral, Food, Energy & Land Resources:* - Use, Exploitation, Changes, Benefits and Conflicts / *Role of an individual in conservation of natural resources* / *Equitable use of resources for sustainable life styles.* (16 Hrs)

**Module II**

*Ecosystem:* - Concept, Structure, Functions, Producers, Consumers & Decomposers / *Energy flow* / Ecological succession / Food chains, Food webs & Ecological pyramids / Forest ecosystem / Green land ecosystem, Desert ecosystem / Aquatic ecosystem. (16 Hrs)

**Module III**

*Bio diversity and its conservation:* - Introduction, Definition, Threats, In-situ and Ex-sit conservation of bio diversity / *Eco system diversity* / *Value of biodiversity* / Social, Ethical, Aesthetic & Option values at global, national and local levels. (16 Hrs)

**Module IV**


**Module V**

*Environmental ethics:* - Issues & possible solutions / *Climate change* / Global warming / Acid rain / Ozone layer depletion / Nuclear accidents and holocaust: - Meaning & Case studies / *Waste land reclamation* / Consumerism & waste products / Environment protection Act (Prevention & control of pollution) & Forest conservation Act - Salient features (17 Hrs)

**Books recommended**

1. Introduction to Environmental Economics – Nick Hanley etal – Oxford
4. Bharucha Erach, The Biodiversity of India, Mapin Publishing Pvt Ltd, Ahmadabad
7. Mhaskar AK, Matter Hazardous, Techno-Science Publication (TB)
9. Survey of the Environment, The Hindu (M)
SEMESTER III
Complementary Course

Credit – 3

13. ECONOMICS FOR SOCIAL WORK

Objectives
· To understand the basic economic concepts, principles, theories and its application in Social work profession.
· To understand and analyse economic problems with social work perspective

Module 1 – Economics

Meaning, Definitions, Basic economic activity, Theory of Demand and supply, Factors of production - Land, labour, capital, social organisation

Module 2

Basic Economic systems: Meaning, Definition, merits and demerits - Capitalism, Socialism, Mixed Economy – Salient features of Globalisation, privatisation and Liberalisation

Module 3- Economic Indicators

National Income, Per capita income, Gross Domestic Indicators

Module 4 – Human Development Indicators

Concepts- Human Development Indicators (HDI), Composite of HDI – Health, Education and Income

Module 5 – Indian and Kerala Economy

Basic features of Indian and Kerala Economy, Concepts- Welfare economics and five year plan


Core Course

Credit - 4

14. HUMAN GROWTH AND DEVELOPMENT

Objectives:
· To understand the physical, psychological & Social changes of various developmental stages
To identify problems and hazards of developmental stages

**Module 1**


**Module 2**

Developmental tasks/needs/problems - Prenatal Pregnancy - Child Growth & Development

**Module 3**

Developmental tasks/needs/problems – Infancy, Babyhood, Childhood

**Module 4**

Developmental tasks/needs/problems – Adolescence, Puberty, Adulthood

**Module 5**

Developmental tasks/needs/problems – Old age

**Reference:**

1. Rajammal P Devadas: A Text Book on Child development
4. Siegelmann & Shaffer: Life Span Human Development
5. Rider, Elizabeth: Life Span Human Development
6. McConnel: Understanding Human Behaviour
7. Kastenbaum: Humans Developing: Life Span Perspective
10. Ashford, Lecroy & Jose: Human behaviour in Social Environment

**Core Course**

**Semester III**

**Credit - 4**

5 HRS

**15. WORKING WITH COMMUNITY AND SOCIAL ACTION**

**Objectives:**

- To understand the elements of community organisation practice
- To appreciate the multiplicity of skills required for a community organiser
- To familiarise with skills in Social Action.
Module 1 – Community Organisation
   Meaning and definition, objectives, steps, principles, salient features of community organisation

Module 2 - Process
   Need Identification and prioritisation - Social Survey, Participatory Methods

Module 3 – Resource Mobilisation
   Types of resources, Fund raising, Networking and Partnership

Module 4 – Role of Community Organiser
   Different roles of community organiser - Guide, Enabler, Expert, Therapist

Module 5 - Social Action
   Concepts and definitions, Objectives, principles and social action movements in India - Satyagraha, Gramdan, Bhoodan, Narmada Bachao Aandolan, Anna Hazare and the Aam admi movement

Reference:
5. Dr. Mrs. Banmala, Community Organisation. Indian Institute of Youth Welfare, 134, Shivaji Ma
7. Freire, Paulo, Education as Practice of Freedom

Core Course
Semester III

Credit - 4 5 HRS

16. INCLUSIVE PRACTICE IN SOCIAL WORK

Objectives:
- To understand the concept of inclusion and types
To familiarise with various inclusive practices
To understand the various approaches in inclusive practice

**Module 1**
Exclusion, Inclusion, Inclusive practices - Concepts, Definition, Meaning and Types

**Module 2**
Different Approaches - Right Based, Feminist, Anti-discriminatory approach

**Module 3**
Inclusive Groups - Persons with Disability, Dalits, Adivasis, Fishermen Folk, People living with HIV/AIDS, Sexual minorities (transgenders, gay/lesbians) and women, Classifications – International Classification of Functioning - Disability and Health, aims, application, scope, social use of ICF Information

**Module 4**
Problems related to inclusion in various sectors – Education, Work place and Community

**Module 5**
Best practices and role of NGOs and community in inclusive development, Community based rehabilitation (CBR)

**References:**

**Core Course**

**Semester III**

Credit - 3 5 HRS

17. **SKILLS FOR WORKING WITH COMMUNITY**

**Objectives:**
- To develop skills in the practice of social work in various settings
- To familiarise with the multiple roles of a social worker
- To provide a direct understanding of field practicum
Module 1

Field work / Field Practicum – Definition, meaning and objectives, development of problem solving skills at individual, family and community levels.

Module 2

Hospital Setting - Medical, Psychiatry and Child Care – skills and techniques, Role of social workers in a speciality hospital and child guidance clinic.

Module 3

Correctional Setting- skills and techniques, role of welfare officer in correctional setting, rehabilitation of offenders and role of NGOs.

Module 4

Child, School, Family, and Youth - skills and techniques, role of social worker

Module 5

Industrial Settings- skills and techniques, role of industrial social worker, CSR in industries

Reference:
1. Rameshwari Devi and Ravi Prakash – Social Work – Methods, practices and perspectives
3. Park K _ Health Care Service Management
4. Carney P Louis – Corrections: Treatment and Philosophy
5. Vernum B Fox – Introduction to Corrections

SEMESTER IV

Complementary Course

Semester IV

Credit - 3  5 HRS

19. MANAGEMENT FOR SOCIAL WORK

Objectives:
- To acquire knowledge on management theory and to foster skills for administering Human Resources in an Organisation
- To make use of management principles for accomplishing social service programmes effectively and efficiently.
- Enable students to understand budgeting, organise, measure and management policy documents on the functioning of an Organisations and for preparing reports to Stakeholders.

Module 1

Management - Meaning, Definitions, Characteristics, Basic Functions and Principles
Module 2

**Organisation and Management:** Types of Organisations, Characteristics of Formal and Informal Organisations

Module 3

**Basics of organisational behaviour:** characteristics of bureaucratic organisations vis. a. vis. human relations organisation. Managerial processes like division of labour, decision making, communication, supervision, leadership, Motivation.

Module 4


Module 5

Finance Management – concept and process of Budgeting, Public relations, Management Information System (MIS) – concept and meaning.

Reference:
2. Essentials of Management – 2000 – Koontz Herold
3. Financial management – 2003 Pande M
4. Project preparation, Appraisal, Budging and Implementation: Chandra Prasanna
5. Personnel Management: Tripathi PC
6. Management of human services and programmes: Lewis Judith

Core Course

Semester IV

Credit - 4

5 HRS

20. HEALTH AND HEALTH CARE SERVICES

Objectives:
- To understand the concept of health and its various perspectives
- To familiarise with various health problems and its impact on communities
- To develop skills for planning and implementing community health programmes.

Module 1

Concept of health – definitions, dimensions of health, determinants of health: Factors affecting Health/Health care

Module 2

Basic concepts of Nutrition and balanced diet – Constituents of food, Nutritional Deficiency Diseases.

Module 3

Module 4

Health care services in India – preventive, promotive, curative & rehabilitative aspects. Components of primary health care.

Module 5

Public health administration, Public Health programmes in India - Special national level programs for health -Role of social workers in Community health

References

4. Griffith John R : The well managed Community Hospital, Health Administration Press, Ann Arbor
5. Kulkarni A.P: Community Medicine
6. K E Elizabeth : Nutrition & Child Development

Core Course

Semester IV

Credit - 4 6 HRS

21. SOCIAL WORK ADMINISTRATION

Objectives:
- To study Agency administration
- To study legal aspects of social work administration
- To create awareness about the various social welfare programmes implemented by Central & State Governments

Module 1


Module 2

The vision/mission/objectives, Commitment and voluntarism.

Module 3

Financial administration – Budgeting, accounting, auditing. Social Auditing.

Module 4

Non-governmental organisations. Registration of societies and trusts; constitution and byelaws
Module 5

Welfare programmes for women, children, youth, aged, destitute and differently abled (institutional and non-institutional), social welfare programmes for SCs & STs. Social welfare administration in India – Structure, functions and programmes. CSWB, Social Welfare Advisory Board

References

4. Sachdeva D.R: Social Welfare Administration in India, Kitab Mahal, Delhi, 1995
5. Bare Acts pertaining to the legal aspects of administration.

Core Course

Semester IV

Credit - 4 6 HRS

22. SOCIAL WORK RESEARCH

Objectives:
· To develop a scientific approach for systematic procedure in social work research
· To familiarise with research methodology and its applications

Module 1

Scientific attitude, characteristics, Application of scientific method. Research meaning, objectives and types. Quantitative and Qualitative research - meaning and comparison. Social research and social work Research - need and scope.

Module 2


Module 3

Research design: exploratory, experimental. Hypothesis, Sampling - meaning, types: probability and non probability. Data collection -source, tools and methods of collecting data

Module 4

Pilot study, pre testing of tools. Processing of data - editing, coding, tabulation, Graphical and diagrammatic representation.

Module 5

Writing Research Dissertation and components of Dissertation
Reference


Core Course

Semester IV

Credit - 3 5 HRS

23. STATISTICS FOR SOCIAL WORK

Objectives:

1. To impart knowledge about statistical applications in Research Methodology
2. To familiarize with various statistical techniques for analyzing data

Module 1

Statistics -place and limitation of statistics in research. , Data Analysis: Variables – meaning, levels of measurement and types- numeric – quantitative, string – qualitative, alphanumeric, independent and dependent.

Module 2

Steps of data analysis: editing, coding, code book preparation and code sheet preparation. Types of analysis – descriptive and inferential

Module 3

Measures of central tendency -mean, median, mode. Measures of dispersion -range, mean deviation, quartile deviation, standard deviation.

Module 4

Testing of Hypothesis , Parametric and Non Parametric Tests, T –Test and Chi –Square Test
Module 5

Use of computer in research, introduction to SPSS

Reference

SEMESTER V
Core Course
Semester V

Credit 4 6 HRS

26. RURAL AND URBAN COMMUNITY DEVELOPMENT

Objectives:
- To understand the concepts and strategies of rural and urban community development
- To understand various rural & urban development programmes.

Module 1

Rural Community development – Concept, philosophy & methods, early experiments in Rural Community development. Rural community – meaning and characteristic

Module 2

Local Self Government Institutions, -Ward, Gram Panchayat, divisions, Zilla Panchayat - Services provided by Panchayat

Module 3

Urban community development ward, municipality, corporation- services provided by corporations-

Module 4

Relationship between various Rural and urban Local Self Government Institutions

Module 5

Rural Development Programmes in XIth Five Year Plan-MGNREGA, NRLM and IAY

Reference
2. Cousins J Williams & Goyder Catherine - Changing Slum Communities; Manohar Publications, Delhi-1979.
3. Lewandowski Susan - Migration and Ethnicity in Urban India; manohar Publication, Delhi-1980

Core Course
Semester V

Credit - 4 6 HRS

27. SOCIAL LEGISLATION

Objectives:
· To provide an overview of social legislation and familiarise students with pertinent legislations.
· To educate the students about the existing judicial system & its functioning.

Module 1 - Social legislation-
Meaning, scope, social justice, social protection, social defence, an overview Indian Constitution fundamental rights and duties

Module 2
Types of Law – Civil, and criminal laws concepts- Personal laws - Marriage, divorce, inheritance, Succession, adoption

Module 3
Laws related to women and Children

Module 4
Various commissions – women, children human rights, ombudsman and Lokayukta
Module -5

Judicial Systems- Different types of courts

Reference
7. Bare Acts.
8. Kulkarni P.D: Social Policy and Social Development in India, Association of School of Social Work in India, Madras, 1979

Elective Course – 1A

Semester V

Credit - 4 6 HRS

28. A. GENDER AND DEVELOPMENT

Objectives:
· To understand key concepts, issues in gender and development
· To give awareness about reciprocal relationship between women and men in society
· To create awareness about the magnitude of gender disparities in the present context.

Module 1


Module 2

Status and role of women, women and family, women and religion, women and education, women and economy, women and environment, women and health, changing role, status of women in India and Kerala

Module 3

Gender issues – widows, unwed mothers, single women, girl children, working women, destitutes, domestic violence, dowry death, sexual exploitation, female infanticide.

Module 4

Module 5


Reference
1. Anne Cranny Francis, Vendy, Gender Studies
2. Neera Desai and M Krishnaraj, Women and Society in India
3. M N Srinivas, Changing Status of Women in India
4. Maitreyi Krishnaraj, women Studies in India
5. Chandrakala, Changing Status of women
6. G Vijayawari Rao, Women and Society
7. David Bourneir, the feminist challenge
8. Ann Oakley, sex and Society
9. Haralambos, Sociology- Themes and Perspectives

Elective Course – 1B

Semester V

Credit - 4

6 HRS

28. B. TRIBAL SOCIAL WORK

Objectives:
· To familiarize the students with the social and cultural life of the Tribal society in India.
· To equip the students for a comprehensive understanding of the transformations in Tribal society in India.
· To understand the issue of development of tribes and welfare programmes available for Tribal welfare.

Module 1 Nature of Tribal society in India

Tribe – Definition, Characteristics, Historical background of Indian tribes, Population, Composition and Distribution – Tribal Zones – Classification of tribes – Class formation in tribes. Tribal Communities of Kerala, Characteristics.

Module 2 - Socio cultural organization

Social stratification, Tribal integration Constitutional safeguard, Tribal society and family, Village and socio-political organizations. Social status of women, Education for Tribal, Tribal Exploitation, Tribal unrest.

Module 3


Module 4

Tribal Movements, Economic life of the Tribes, Tribal economic development, Strategy of economic development of Tribal, Gandhian economy for Tribal development.
Module 5 – Programmes for Tribal Development

Tribal policy – colonial and post colonial - Tribal welfare – central and state agencies – Role of non-governmental agencies - Educational and occupational transformations.

Exposure visit to a Tribal settlement in Kerala and submit a report based on the socio, cultural and economic organization, Ethics of Tribal Social Work

References
1. Chandra, Ramesh, Minority- Social and Political Conflict
2. Thomas, John K, Human Rights of Tribals
3. Gupta, Aman, Human Rights of Indigenous people

Core Course
Semester V

Credit - 4  6 HRS

29. Abnormal Psychology

Objectives:
- To provide insight into the various mental disorders and their classification
- To create awareness into the mental health problems of children
- To understand the characteristics of mental health
- To develop sensitivity and objectivity towards persons having mental health problems.

Module I
- The Historical Background Of Abnormal Psychology: Early Age, Middle Age, Re Appearance Of Scientific Approach, Emergence Of Modern Thought, Current Trends In Abnormal Psychology.

Module II
- Definition And Meaning Of The Concept Of Normality And Abnormality. Normality And Abnormality Criterion- Descriptive, Statistical, Non Statistical, Explanatory, Medical, Psychological And Adjustment Criterion.

Module III
- The Causes Of Abnormal Behaviour: Pre Disposing And Precipitating Causes, Heredity Factors, Biological Factors, Psychological Factors, Sociological Factors.

Module IV
- The Classification Of Mental Disorders (ICD 10 and DSM V), The Necessity And Purpose Of Classification Of Mental Disorders. Definition, Meaning And Types Of Psycho Neurotic Disorders And Psychotic Disorders.

Module V
- Definition Meaning And Types Of Mental Deficiency, Sociopathy, Delinquency And Criminal Behaviour

References
2. Usha Bhatt – The physically handicapped in India
3. O.S English & N. Stuart- Introduction to psychiatry
5. Lawson G Lowrey – psychiatry for social workers
7. David Mechanic - Medical Sociology.
9. Goldstein D. -Expanding horizons of medical social work.
10. Turner, F.J. - Differential Diagnosis and Treatment in Social work.
13. S. K Mangal- Abnormal Psychology
31. PLANNING SOCIAL PROJECTS

Objectives:
- To understand the elementary principles involved in project preparation
- To familiarise with various social action projects
- To improve the skills of project administration
- To create awareness about the current trend noticed in project preparation and management.

Module 1
Plan, programme, project, activity, integrated project – concept, meaning, definition and characteristics. Classification of projects on the basis of purpose, productivity, size and duration

Module 2
Planning nature, objectives, types Perspective & Strategic, SWOT analysis. Strategic Planning – concept, meaning, definition, stages involved in project planning cycle.

Module 3
Project Cycle, Planning & Management Participatory rural appraisal (PRA) – concept, meaning, definition, objectives and methods. Difference between PRA and Rapid rural appraisal.

Module 4
Project Implementation, monitoring, Evaluation, Review, Project Management Information System (PMIS) Logical Frame Work (LFA) – concept, meaning, definition. Stake holder analysis Problem tree, Objective tree, alternative strategic analysis,– concept, meaning, definition and types.

Module 5
Project proposal writing – Objectives, format and steps involved.

Reference:
1. Sam Roy M: Project Planning and Implementation/ Logical Frame 2002
3. Chandra Prasanna: Project Preparation, Appraisal, Budgeting and Implementation
4. Cusworth J W and Franks T.R: Managing Projects in Developing Countries
6. Alan D Orr - Advanced Project Management. 2004
8. Azhar Kasmi, Business Policy. 2004
11. COADY, International: Project Planning and Management. 2001
30

Core Course
Semester VI

Credit - 3 5 HRS

32. SOCIAL WORK AND CONTEMPORARY ISSUES

Objectives:

- To create an awareness of contemporary issues like HIV/AIDS, Disaster Management, children and child rights, people is distress
- To understand the process and skills involved in disaster management

Module 1


Module 2

Disaster management: Concepts and meaning of hazards, vulnerability, risk and mitigation, types of disasters. Activities of Government agencies for disaster management–Role of Govt. & voluntary organisations, Preventive measures - Community Based Disaster Preparedness (CBDP)

Module 3

Suicide: Definition, types of suicide - Incidence and prevalence of suicide International, National and in Kerala. - Impact on the individual and family - Suicide prevention and control, social work intervention with the survivors, children and families.

Module 4


Module 5


Reference:

33. FAMILY LIFE EDUCATION

Objectives:
- To familiarise with various aspects related to family life
- To equip students with the skills to deal with problems in families

Module 1
FAMILIES & INDIVIDUALS IN SOCIETAL CONTEXTS
- An understanding of families and their relationships to other institutions, such as the educational, governmental, religious, and occupational institutions in society.
- Internal Dynamics of Families - An understanding of family strengths and weaknesses and how family members relate to each other.
- Family Resource management - An understanding of the decisions individuals and families make about developing and allocating resources (e.g., time, money, material assets, energy, friends, neighbours, and space) to meet their goals.

Module 2
Family life education –
- Concept and meaning, importance of family life education, role of home, school and religion in imparting family life education.
- An understanding of the general philosophy and broad principles of family life education in conjunction with the ability to plan, implement, and evaluate such educational program.

Module 3
Human Sexuality:
- Male Female reproductive organs male and female reproductive systems.
- Importance of sex in family life. Functions of sex – reproduction, procreation and relational aspects of sex.
- An understanding of the physiological, psychological, & social aspects of sexual development throughout the lifespan, so as to achieve healthy sexual adjustment.
- Another aspect of sexuality - Transgender

Module 4
Family welfare programmes
- Methods, use of contraceptives, abortion, medical termination of pregnancy act.
- An awareness of various family welfare programs introduced by Government of India
- An understanding of legal issues, policies, and laws influencing the well-being of families.

Module 5
Marriage and parenting
- Importance of marriage, common concerns – arranged marriage and love marriage. Living together, individual differences, problems and adjustments, accepting and respecting each other, communicating

- Parent education and Guidance-An understanding of how parents teach, guide, and influence children and adolescents as well as the changing nature, dynamics and needs of the parent child relationship across the lifespan

**Reference:**

1. Margaret W Matlin – Psychology of women
2. F Philip Rice – The adolescent development, relationship and culture
3. Krishna Chakraborty – Family in India
4. Masters & Johnson – Human Sexual response
5. Aruna Khasgivala – Family Dynamics
6. John Gray – Men are from Mars and Women are from Venus.

**Elective Course – 2 A**

**Semester VI**

**Credit -4**

**34. A. PROGRAMME AND SERVICES FOR THE ELDERLY**

**Objectives:**

- To understand the aspects of ageing
- To familiarise with perspectives in gerontology and gerontological social work.

**Module 1**

Adult Development & aging: Old age- aging and ageism- characteristics-physical, social, emotional changes-health behaviors, interests and activities- personal and social adjustments- vocational and marital adjustments-hazards and problems-mental health and aging- dying, death & bereavement.

**Module 2**

Problems of aging Sociological and Psychological perspective with special reference to elderly in India Family and elderly. Social and vocational rehabilitation Policy, programme and services available for elderly

**Module 3**

Definition of Gerontological Social Work, Role of Social Worker in the case of elderly. The inter-disciplinary team in Geriatric care.

**Module 4**

Module 5

Components of Gerontological Care Management in Social Work, Community based programmes. Individual treatment methods for elderly, Support groups for older adults: qualities of effective groups Empowerment oriented Social work practice with the elderly

References
4. Kahanpur KL, Senior Citizens in India, Bombay, 1992
5. Nair TK: Community Care of the Elderly: a study of Family and community Based Services in Madars, Ramana KV, Visakhapatnam
7. Bellak Leopol: Geriatric Psychiatry. A handbook for psychiatrics and Primary
8. Karasu Toksoz B: Care Physicians.
9. Chowdhary Paul D: Aging and Aged: A source Book
10. Cox Enid O: Empowerment Oriented Social work
11. Parsons Ruth J : Practice with the Elderly

Elective Course – 2 B

Semester VI

Credit - 4

34. B. DEVELOPMENT COMMUNICATION

Objectives:
· To understand key concepts in development communication
· To give awareness about media in development
· To develop critical awareness about the development communication in the present context.

Module 1

Communication: Definition, objectives, purpose, evolution, barriers.

Module 2

Media and Development- Concept of development, Prerequisites, Relationship of media and Development Communication,

Module 3

Functions and priorities of media Development, Influence of media on different target group.

Module 4

Module 5

Skills- Effective public speaking, meetings, conference, seminar, effective written communication, street theatre.

References

Open I (Open to other students) Maximum 15 students needed

Semester V

SOCIAL WORK

Credit 2 Hrs 3

Objectives
1. To understand the basic values and principles of social work profession.
2. To create awareness about enlarging scope of social work profession
3. To provide insights into social problems

Module I Social Work

Meaning, definitions, basic assumptions, scope, objectives, functions and methods

Module II Social Work Philosophy

Philosophy of social work, basic values, code of ethics and principles of social work

Module III Fields of Social Work

Fields of social work: Family and child Welfare, Foster Care, Adoption services, Child Guidance Clinics, Medical and Psychiatric Social Work, Correctional Administration, Disaster Management, Counselling and Rehabilitation

Module IV Disaster Management

Disaster Management – concepts, meaning of Hazards, Vulnerability, Risk and Mitigation, Types of Disaster, Preventive measures. Role of voluntary organisations.

Module V Substance Abuse

Substance Abuse: Causes, Types, preventive measures. Suicide: Definition, causes, preventive measures and Crisis intervention.

References
2. Zastrow Introduction to social work and social welfare, The Dorsey Press. 1996
3. Misra P.D. Social Work: Philosophy and Methods, Inter-India Publications. 1994,
5. Chowdhary, Paul D. Introduction to Social Work; history, concept, methods and fields, Atma Ram & Sons. 1984

Sem V & VI

PROJECT WORK

No. of Credits - 4

Hrs. Sem V-3hrs, Sem VI-3hrs (Total 6 hrs)

Specifications of project work

1. The project work may be any social problem relevant to the study of Social Work
2. It should be based on either primary or secondary source of data
3. It should be 40-60 typed spiral bind one (12 fond times roman 1.5 space)
4. The project work shall contain the following items
   - Introduction & Review of literature
   - Methodology
   - Analysis,
   - Conclusion & Suggestions if any
   - Bibliography & Appendix if any
5. 25 percent of the total score of the project work is based on a viva voce
6. The project assignment may be given in the 5th semester and report should be submitted at the end of 6th semester
7. The viva voce will be conducted under the leadership of the Chairman of the Examination board.
8. An acknowledgement, declaration, certificate of the supervising teacher etc should be also attached in the project work
### Evaluation Indicators

#### 1. Project Report

<table>
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<th>Indicators</th>
<th>Score *</th>
<th>W point</th>
<th>Total</th>
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<td>Methodology</td>
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<tr>
<td>3</td>
<td>Analysis, Conclusion &amp; Suggestions</td>
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<td>4</td>
<td>Bibliography &amp; Appendix</td>
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*The score may be either A, B, C, D or E

#### 2. Viva Voce

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<td>Clarity in the subject</td>
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</table>

*The score may be either A, B, C, D or E

### Pattern of Questions

The Pattern of Questions shall be

I. Objective type questions (4 Bunches). Each bunch consists of 4 questions. W- 1 for Each bunch

II. Short answers (6 out of 9) W- 1

III. Short essay (4 out of 6) W- 2

IV. Long essay (2 out of 3) W- 4

_ The objective type questions may be one word answer, fill up, true or false, match the Following, multiple choice questions etc…
_ The short answers may be conceptual in nature
_ The short essays may be conceptual and analytical in nature
_ Among the long essays one shall be in application level question

### Eligibility for Admission

- Pass in Higher Secondary Examination or its equivalent, recognized by the University of Kerala
- Those who have studied Social Work as a subject will be given 10% weightage of marks scored for Social Work will be added to the grand total.
UNIVERSITY OF KERLA

Scheme and Syllabus
for Career related First Degree Programme
under CBCS system – 2 (b)
in Affiliated Colleges 2014

SOCIAL WORK

2014