



Reg. No.: .....

Name: .....

## University of Kerala

First Semester FYUGP Degree Examination, December 2025

Discipline Specific Core Course

### PSYCHOLOGY

#### UK1DSCPSY107 - ADOLESCENT PSYCHOLOGY

Academic Level: 100-199

2025-Admission onwards

Time: 1 Hour 30 Minutes(90 Mins.)

Max. Marks: 42

Part A. 6 Marks.Time:6 Minutes.(Cognitive Level:Remember(RE)/Understand(UN)) Objective Type. 1 Mark  
Each.Answer all questions

Qn No.	Question	CL	CO
1	Part of the brain, still developing in adolescence, contributes to impulsive decision-making and risk-taking behaviors?  Options : A)Amygdala B)Prefrontal cortex C)Hippocampus D)Occipital lobe	RE	1
2	Which physical change is a secondary sexual characteristic?  Options : A)Brain maturation B)Development of breasts C)Cognitive shift D)Identity exploration	RE	1
3	Piaget's theory is associated with _____ development.  Options : A)Moral B)Physical C)Cognitive D)Social	UN	3
4	Risk-taking increases due to:  Options : A)Mature frontal lobe B)Social isolation C)Low hormones D)Peer influence	UN	4
5	Interpret which of the following are included under moral feelings:  Options : A)Empathy B)Height	UN	2

Qn No.	Question	CL	CO
	C)Reflexes D)Brain development		
6	Interpret the biopsychosocial model by identifying what it views problems as a result of.  Options : A)Only biological issues B) Behavioural issues only C)Interaction of biological, psychological & social factors D)Socioeconomic status only	UN	2

**Part B.8 Marks.Time:24 Minutes.(Cognitive Level:Understand(UN)/Apply(AP))Short Answer. 2 marks each.Answer all questions**

Qn No.	Question	CL	CO
7	Explain developmental transitions in adolescence.	UN	1
8	Briefly describe Vygotsky's view on cognitive development.	UN	2
9	Apply gender stereotypes to understand behavior differences in adolescence.	AP	3
10	Apply Piaget's theory to explain adolescent abstract thinking.	AP	2

**Part C. 28 Marks.Time:60 Minutes (Cognitive Level:Apply(AP)/Analyse(AN)/Evaluate(EV)/Create(CR)) Long Answer.7 marks each.Answer all 4 Questions choosing among options \* within each question**

Qn No.	Question	CL	CO
11	A) Apply gender-schema theory to explain gender stereotypes.  OR B) Illustrate how historical perspectives on adolescence can be applied to understand present-day adolescent behavior.	AP	3, 3
12	A) Analyze stereotypes about adolescents and explain the need for a positive view of adolescence.  OR B) Analyze how different cognitive development theories contribute to understanding the nature of adolescent thinking.	AN	1, 4
13	A) Evaluate the effectiveness of sexual literacy and sex education programs in preventing adolescent sexual problems.	EV	4, 3

Qn No.	Question	CL	CO
	OR B) Evaluate the components involved in developing a healthy sexual identity.		
14	A) Create an evidence-based intervention program aimed at reducing risk-taking behaviours among adolescents. OR B) Create a brief gender sensitization module based on stereotypes and androgyny.	CR	4, 3

Model QP