



Reg. No.:

Name:

University of Kerala

First Semester FYUGP Degree Examination, December 2025

Discipline Specific Core Course

PSYCHOLOGY

UK1DSCPSY100 - FOUNDATIONS AND METHODS OF PSYCHOLOGY

Academic Level: 100-199

2025-Admission onwards

Time: 1 Hour 30 Minutes(90 Mins.)

Max. Marks: 42

Part A. 6 Marks.Time:6 Minutes.(Cognitive Level:Remember(RE)/Understand(UN)) Objective Type. 1 Mark
Each.Answer all questions

Qn No.	Question	CL	CO
1	The principle of acting honestly and avoiding false reporting refers to: Options : A)Competence B)Integrity C)Debriefing D)Confidentiality	RE	4
2	Extraneous variables: Options : A)Are manipulated B)Influence results unintentionally C)Are the outcome variables D)Are standardized variables	RE	2
3	Psychology is not considered common sense because it: Options : A)Rejects everyday observations B)Relies on systematic research and evidence C)Does not study emotions D)Focuses on intuition	UN	2
4	A dependent variable is best described as a variable that: Options : A)Is manipulated by the researcher B)Influences the researcher C)Changes in response to independent variable D) Is unrelated to the study	UN	2
5	What does the Barnum effect explain? Options : A)People accept vague personality descriptions as highly accurate B)Behaviour is controlled by instincts C)Memory improves with practice D)Intelligence is inherited	UN	1
6	Ebbinghaus used nonsense syllables to study:	UN	2

Qn No.	Question	CL	CO
	Options : A)Intelligence B)Personality C)Memory D)Emotion		

Part B.8 Marks.Time:24 Minutes.(Cognitive Level:Understand(UN)/Apply(AP))Short Answer. 2 marks each.Answer all questions

Qn No.	Question	CL	CO
7	Describe correlational method in research.	UN	2
8	Explain Des Cartes' concept of dualism in understanding human behaviour.	UN	1
9	Apply the unifying theme of heredity and environment to explain the factors that influence an individual's intellectual functioning.	AP	4
10	Apply the socio-cultural perspective to explain how and why social norms influence individuals' clothing choices.	AP	3

Part C. 28 Marks.Time:60 Minutes (Cognitive Level:Apply(AP)/Analyse(AN)/Evaluate(EV)/Create(CR)) Long Answer:7 marks each.Answer all 4 Questions choosing among options * within each question

Qn No.	Question	CL	CO
11	A) A psychologist closely follows a child with speech delay for one year, collecting detailed data through interviews, observations, and test reports. Apply the case study method to explain how this technique helps assess the child's condition and comment on its advantages and limitations. OR B) Using appropriate examples, illustrate why practices such as palmistry, astrology, and graphology fail to meet the essential criteria of scientific validity. In your answer, discuss the key factors that make these practices unscientific.	AP	3, 3
12	A) A researcher uses observation, experiments, and questionnaires to study aggressive behaviour in adolescents. Analyse how these different methods contribute to understanding behaviour and compare their strengths and limitations. OR B) Analyse psychoanalytic, behaviourist and humanistic approaches and evaluate how each explains human behaviour differently.	AN	3, 3

Qn No.	Question	CL	CO
13	<p>A)</p> <p>Evaluate the problems associated with reductionist approaches in psychology. Explain how adopting multiple levels of explanation (biological, psychological, social-cultural) provides a more complete understanding of human behaviour. Support your answer with illustrations.</p> <p>OR</p> <p>B)</p> <p>Evaluate the role of social and cultural context in shaping human thought and behavior.</p>	EV	2, 4
14	<p>A)</p> <p>Design the outline of a training program for psychology students to teach the principles of the APA Code of Ethics. In your design, specify how each ethical principle will be presented and illustrated with real-life scenarios, ensuring that participants can understand, internalize, and apply these principles effectively.</p> <p>OR</p> <p>B)</p> <p>Prepare the content for an educational poster aimed at adolescents to raise awareness about the importance of understanding how the mind functions. Your content should be engaging, age-appropriate, and concise, highlighting key aspects of psychology, and explaining how this knowledge can help in self-awareness.</p>	CR	5, 2