

## REGISTRATION FORM

### NATIONAL WORKSHOP ON PSYCHOTHERAPEUTIC INTERVENTION STRATEGIES (NWPITIS-2018)

Name (in block letters) :  
Designation :  
Academic Qualification :  
Institution :  
Address :  
  
Email :  
Contact No :  
Accompanying person : If Yes, details  
Food preference : Vegetarian/Non-Vegetarian  
Accommodation required: If Yes Payment details  
  
Payment details :  
(Registration/Registration fee+ Accommodation charges)

Amount Paid.  
Signature with date  
Mode of payment DD./Cheque/Online  
DD/Multi-City Cheque No.: Date:  
Name of Bank:  
Submit registration form and Fees to  
  
Dr. Johnson R., Organizing Secretary, NWPITIS-2018,  
Department of Psychology, University of Kerala  
Thiruvananthapuram- 695 581, Kerala.  
Tel : 0471 2416767  
Mob : 9846416767  
johnsonr@keralauniversity.ac.in  
drjohnsonr@gmail.com

#### REGISTRATION FEE

	Researchers/ Students	Teachers/ Faculties	Others delegates
Early Bird: up to 01.01.2018	500	1000	1500
Reduced rate till 02.02.2018	1000	1500	2000

Registration fee is payable in the form of DD/multi-city cheque in favour of The Organising Secretary NWPITIS 2018, Department of Psychology, University of Kerala, payable at SBI Kariyavattom IFSC CODE : SBIN0070043.

#### ACCOMMODATION:

Limited accommodation would be made on payment basis as per the requirements. We recommend you to inform your accommodation need as early as possible.

#### HOW TO REACH

By Air: 10 km from Domestic Airport and 13km from International Airport, Thiruvananthapuram  
By Train and Bus : 14 km from Trivandrum Central Railway / Bus station and well connected with public transport to Karivattom Campus, situated by the side of NH 47.

Site seeing around the Kerala University  
Kovalam beach 14 km  
Sreepadmanabswami temple 3 km  
Kanyakumari 65 km

#### IMPORTANT DATES TO REMEMBER

Last date for submission of abstract : 01.01.2018  
Acceptance notification : 2,3 working days after the submission  
Last date for registration : 20.02.2018  
**No spot Registration.**

For further enquiries please contact

Organizing Secretary  
**Dr. Johnson R.**

**Department of Psychology**  
University of Kerala, Thiruvananthapuram-695 581  
Kerala State, South India  
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### NATIONAL WORKSHOP ON PSYCHOTHERAPEUTIC INTERVENTION STRATEGIES (NWPITIS-2018)



Theme : Promoting Mental Health through Psychological Interventions

07<sup>th</sup>, 08<sup>th</sup> & 09<sup>th</sup> March, 2018

Organized by

**DEPARTMENT OF PSYCHOLOGY**  
**UNIVERSITY OF KERALA**  
(Re-accredited by NAAC with "A" Grade)  
**THIRUVANANTHAPURAM- 695 581**

Email : johnsonr@keralauniversity.ac.in  
Mob.9846416767

Dear,

It is our privilege to welcome you for the three day National Workshop on "Psychotherapeutic Intervention Strategies" organized by the Department of Psychology, University of Kerala, Thiruvananthapuram. This workshop will address the challenging issues in Promoting Mental Health through " Psychological Interventions".

Psychological interventions present themselves as indispensable option to ensure good health as well as quality of individual and community life. Therefore, we need to develop strategies and techniques capable of enhancing mental health intervention programs under current scenario. There is also a need to prevent or reduce the damaging influence of the busy and stressful life of present day on the functioning of an individual through the application of newly developed technologies. Mental health intervention strategies could be improved by making use of the recent advances in information and communication technology. The scientific study of Psychological intervention has thus become imperative to promote mental health. This scientific knowledge thus gained has to be shared with the mental health care fraternity so that it will be made beneficial to the public also.

The workshop will bring together the leading scientists and researchers from all over India to discuss the major issues and current developments in Psychological intervention practices and Research in promoting mental health. Faculty members and research scholars are encouraged to present their original research work or new innovations in this topic. The programme is also designed to cater to the Mental health Professionals. We hope that you will seize every opportunity to participate in this programmes. Please join us to enjoy the academic feast of scientific lectures from eminent faculties from institutions of National repute in the area of Psychotherapeutic Intervention.

With warm regards,

**Dr. Johnson.R**  
Organizing Secretary

#### UNIVERSITY OF KERALA AND DEPARTMENT OF PSYCHOLOGY

University of Kerala was established in 1937 by a promulgation of the Maharaja of Travancore. Sri. Chithira Thirunal Balarama Varma, the first Chancellor of the University. Kerala University is the mother University in Kerala and the Department of Psychology is one of the prestigious departments functioning from 1957 on ward under the faculty of Science. The Department has been offering M.Sc., M.Phil., and Ph.D. Psychology Programmes. The department also organises various National and International conferences and Outreach programs for the public.

#### RELEVANCE OF THE PROGRAMME

In India the prevalence of serious mental disorders is affecting 70 million people. We are facing shortage of Mental Health Professionals and only a very few institutions offer the courses to bringout trained professionals. According to WHO guideline, for 5,000 people one trained clinical Psychologist should be there to manage Psychological disorders. But in India current ratio is 1:30000. We have only 7000 Psychology professionals and actual requirement is 54,750. Clinically trained Psychologists in India are less than 10 percent of the total needs. None of the Institutions offer short term or special training programme for clinical skills development or primary care of Psychological disorders. In this context, it is very essential to conduct programs to focus clinical skill development to better quality management of psychological problems with the assistance of well known Psychological intervention experts from reputed institutions of National importance to share their Scientific approaches in Psychological intervention strategies in the management of mental health problems. Apart from the theoretical knowledge latest practical knowledge will also be imparted to the participants.

#### Objectives of the programme

- To provide hands on knowledge in the management of Mental Health Problems
  - To focus on all aspects of Psychological theories in various mental health problems
  - To share the best practices in Psychosocial management
- The programme would target Academicians, Mental health professionals and Research Scholars in Psychology

#### Subject Areas

Techniques in Psychotherapy, Behavior Therapy, Paediatric Psychology, Clinical hypnotherapy, Neuro Psychological assessment and intervention, Forensic Psychology and Interrogation Techniques.

#### KEYNOTE AND PLENARY SPEAKERS

**Dr.(Prof.) Manju Metha**, Professor & Head, Dept. of Clinical Psychology, All India Institute of Medical Sciences, New Delhi

**Dr.(Prof.) M.Manjula**, Professor, Dept. of Clinical Psychology, National Institute of Mental Health and Neurosciences, Bangalore

**Dr.(Prof.) S. P. K. Jena**, Professor (Clinical Psychology) Department Applied Psychology, University of Delhi

**Dr. Tilottam Mukherjee**, Professor (Clinical Psychology), Dept of Psychology, University of Calcutta, Kolkata W.Bengal

**Dr.Abdul Salam**, Head,Dept. of Clinical Psychology, Institute of Mental Health and Neuro Sciences, Calicut

**Dr.( Prof) Nirmala Devi**, Prof. & Head, Dept. of Psychology, Andhra University, Visakhapatnam, Andhra Pradesh.

#### PRESENTATION OF BEST PRACTICE

Professionals from the clinic / industry, academic and research organizations working in the focus areas of the workshop are invited to submit their newly developed technologies/ innovations/original research work, under the themes "Therapeutic intervention strategies". Authors are requested their submission by email to the Organising Secretary (johnsonr@keralauniversity.ac.in). Authors of selected abstracts will be notified for oral/poster presentation in advance.

#### BEST PRACTITIONERS AWARD

This award will be granted to the best clinical practitioner. The organising committee will select the best practitioner award based on the recommendations of the review committee. Evaluation will be based on the relevance, contents, quality and practical aspects of the materials submitted by the practitioners. Certificate and award will be issued to them in the valedictory session.

#### REGISTRATION

Those who are interested to take part in the workshop are requested to register in advance. Lunch and refreshment will be provided. Confirmation and receipt of the payment will be intimated to you by e-mail.